Best Everest Base Camp Trek

Facts

Destination: Nepal
Trip Difficulty: Moderate to Strenuous
Trip Style: Tea House
Best Time: Sept - Nov and Mar - May
Age Range: 9 -70
Start From: Lukla
Group Size: 2 -3
Max Elevation: 5,550m

*Best Everest Base Camp Trek* refers most excellent way to visit Mt Everest Base Camp for the lifetime experience. While organize the best trek in the lap of the Mt. Everest “Top of the world”, we at Nepal Mother House has been analyzing all trip factors for last two decades and applying services top notch way. We always concern to our valued Guest’s satisfaction while trek in Everest, so we suggest to select one of the [Best time to trek in Everest Base Camp](https://www.nepalmotherhousetreks.com/blog/best-time-everest-base-camp-trek) either autumn or spring as the best trekking season.

As a [Best Everest Base Camp Trek](https://www.nepalmotherhousetreks.com/best-everest-base-camp-trek), absolutely it is different trip then others packages. We evaluate the trip factures in micro level and apply accordingly to make most excellent journey. This trek bestows important fact regarding the Mount Everest trekking to solve your curiosity about; what is best time to do Everest base camp? How to prepare for Everest base camp trek? Everest base camp trek training, what to pack for Everest base camp trek, Everest

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base camp trek length, how far is Everest base camp from Kathmandu.

**Best Everest Base Camp Trek** embarks at Lukla after scenic flight from Kathmandu. It takes 13 days to get in Everest Base Camp and back to Lukla. The trek presents to the visitors absolutely incredible and amazing experiences. The trail goes through the Sherpa villages, beautiful sceneries, Himalayan beyul and magnificent snow capped mountain. The [Best Everest Base Camp Trek](https://www.nepalmotherhousetreks.com/best-everest-base-camp-trek) trail goes in the UNESCO Heritage Sagarmatha National Park with rich flora and fauna including endangered spacious Snow Leopard and Musk Deer and Buddhist sacred land with Sherpa unique culture. The view from Mt. Everest Base Camp and Kalapathar is breathtaking. Kalapathar in an elevation of 5,550 meters highest point on the Best Everest Base Camp Trek trail and offers 360 degree view of mountains Lhoste (8,516m), Nuptse (7,861m), Pumori (7,161m) and including Mt. Everest (8,848m).

Nepal is regularity named in the most of the travel magazine as one of the preferred destinations to visit in the world. This [Best Everest Base Camp Trek](https://www.nepalmotherhousetreks.com/best-everest-base-camp-trek) is design carefully to give ultimate satisfaction to the guest to fulfill dream from long time.

**Highlights**

- Trekking in World Heritage Site Sagarmatha National Park.
- Visit Most Popular view point Kalapatthar (5,600m).
- Home of Endangered wildlife & mysterious creature Yeti.
- Ancient Trading point Namche Bazaar & Sherpa Unique Culture.
- Historical Monastery at Tengboche and Pangbuche.
- Chance to visit Everest View Hotel Khumjung.
- Wonderful view of top of the world Mt. Everest (8,484m).
- Mt.Everest Base Camp (5,360m), Khumbu icefall & Glacier view.

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Day to Day Itinerary

Day 1: Arrivals at Tribhuvan International Airport (TIA) Kathmandu & trekking preparation and permit paper work day.
Day 2: Fly from Kathmandu to Lukla (2,840m) – 25 to 30 minutes, trek to Phakding (2,640m) -3 to 4 hours
Day 3: Trek Phakding to Namche Bazaar (3,430m) -5 to 6 hours,
Day 4: Rest Day at Namche Bazaar for the Acclimatization & visit Khumjung Village (3,790m), Everest View Hotel (3,880m) 2 to 3 hours.
Day 5: Trek Namche Bazaar to Tangboche (3,867m) -5 to 6 hours
Day 6: Trek Tengboche to Dingboche (4,410m) -5 to 6 hours
Day 7: Acclimatization day at Dingboche visit Nangkartshang Peak (5,616m) – 2 Hours.
Day 8: Trek Dingboche to Lobuche (4,930m) -5 to 6 hours
Day 9: Trek Lobuche to Gorakshep (5,140m) - 3 hours & Everest Base Camp (5,364m) -2 to 3 hours
Day 10: Trek Gorakshep to Kalapathar (5,643m) -2 hours & Stroll back to Pheriche (4,240m) -5 to 6 hours
Day 11: Trek Pheriche to Namche Bazaar (3,430m) -6 to 7 hours
Day 12: Trek Namche Bazaar to Lukla (2,840m) - 6 to 7 hours
Day 13: Fly back Lukla to Kathmandu – 25 to 30 munities. & then your own destination or if you have extra time Join for another activities.

Cost Includes

- Free Airport picks up and drops all transportation (airport to Hotel to airport).
- 2 nights’ Star level hotel accommodation in Kathmandu twin and Triple bed sharing

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with BB Plan.

- Necessary paperwork and Trekking permit for Sagarmatha National Park.
- TIMS (Trekkers Information Management System) Card for the Trekking.
- Air ticket Kathmandu to Lukla and Lukla to Kathmandu & Airport Tax (Weight limit: 10 kg main baggage and 5 kg hand per passenger/flight).
- Trekking equipments (worm down jackets, sleeping bag & Duffle Bag) during the trekking if you needed.
- Nepal Mother House T-shirt /Cap and Appreciation Card of Mount Everest Base Camp Trip.
- Three times meals (breakfast, Lunch, Dinner), tea, coffee in a cup each meal during trek.
- Soft & comfort private accommodation entire Mountain twin bed sharing with shared toilet.
- Professional a Guide (Government license holder) his/her food, accommodation, transportation, salary, equipment.
- 1 porter (between 2 People) carries max. 20-25 kg. Plus their food, accommodation, wage, insurance, all transportation.
- Guide & porters, insurance for their happy journey.
- A Trekking Map of Everest Base Camp Trip for a Group.
- One Sherpa (assistance guide) if group size more than 10 people. Plus their food, accommodation, wage, insurance and equipments.
- Supplementary snacks (fresh fruits) on the trek.
- First Aid medical kit during the trip, including Oximeter to measure Oxyzen and pulse in high altitude.
- Welcome and farewell program.
- Tourist service charge, vat, Governments Tax and official expanse if necessary.
Cost Excludes

- All kinds of beverage including mineral water, Chocolate, Cookies, desert, Phone calls, laundry, hot shower during the Trek.
- Clients travel Insurance and evacuation (compulsory).
- If in case, flight cancels and charter helicopter or plane.
- Tipping for Guide & porter, your meals in Kathmandu.
- Personal expenses like Shopping, souvenirs or gift, personal mountaineering gears.
- Optional trips and sightseeing if extant.
- International airfare, airport departure tax and Visa fee.
- Things which don’t mention above, in our services (Trip Cost Includes).
- Visa fee, you obtain a visa easily upon your arrival at Tribhuwan International Airport Kathmandu.

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